



Erasmus+

Youth without Family

TRAINING FOR SPECIALISTS

POLAND



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WHEN

Training will take place between **6th of September to 11th of September** – these days are for training. For travel it will be on 5th and 12th of September.

WHERE

Our meeting will be in **Ząb**, Poland – it is mountain region of Poland. We will send you more information in few weeks – also about specific travel details.

WHO

Each team will have **3 participants, who are specialists in the field of working with youth without family. We want to create an opportunity to learn and gaining knowledge.**

There is **NO AGE LIMIT!**– we are looking for people who work with youth on **daily routine** and have finished education in fields of social work, law, pedagogics, psychology ETC. We will be speaking only in English, so participants should feel comfortable in using it.

COORDINATOR

Fundacja po DRUGIE

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PARTNERS

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- 6) Team from **Bulgary** – The Starry Start of Talents Foundation petkov@zst-bg.org
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- 8) Team from **Poland** - Foundation po DRUGIE – fundacja@podrugie.pl

THE IDEA

The "Youth without Family..." project is a response to the needs of non-governmental organizations / informal groups dealing with **supporting young people who growth without family**. We will focus on promoting and working on proper solution and tools to support youngsters correctly running the society. There is a need to improve the competences of employees and volunteers of partner organizations in order to provide greater, interdisciplinary support to young people. The aim of the project is to

Improve the offer proposed to youngsters, exchange knowledge and experience to prevent the crime, early education finishing, unemployment, social degeneration. Creating an innovative, interdisciplinary set of good practices (social work, accommodation, international cooperation, influence on regional policy, etc.). The e-publications on supporting youngsters in their processes.

Equally important in the project is the improvement of staff competences, implementation of new practices as well as a greater understanding of social, linguistic and cultural diversity and greater sensitivity in the above areas.

Within the framework of the project training (6 days) will be organized in Ząb (Poland), in which 3 participants from 8 European countries (Poland, Greece, Spain, Italy, Romania, Bulgaria, Estonia, France) will participate, who are working with youth in the independence process on a daily basis. The methods used during the training will have the character of non-formal education.

The partners **will develop an e-publication on the independence process of young people, constituting a set of tools and good interdisciplinary practices.** E-publication will also be used as a support for employees starting activities in the field supporting youth in independence.

The project will contribute to the improvement of the quality of work of specialists who measure their actions with solving important and complex social problems, which in turn will translate into more effective work and greater efficiency.

ROLE OF PARTNERS

In one of main goals of Erasmus+ is mutual learning – each participant from another. To do that, each country will conduct few workshops or debates. Some of them we will do all together. Below you will find **proposal** of time table with schedule of activities. Prepared activities should cover about 4 hours. The schedule can be changed– time depends on the weather. Please prepare special shoes as there should be cold and rainy snow in September. It is fit in time-table but it is flexible.

As for workshops – below you will find our suggestions regarding to what we applied with to National Agency. **But – you can do it as you want it!**

TEAM SPAIN

Please be prepared to **moderate the debate**: *National Support Model... workshop: mental diseases among Youth without*

TEAM ROMANIA

Please be prepared to **workshop** on: *Economical situation of YwF, economic migration.*

TEAM FRANCE

Please prepare **workshop** on: *Resocialization process, legal situation of YwF.*

TEAM ESTONIA

Please prepare **workshop** on: *Work activization process - experience exchange.*

TEAM BULGARIA

Please prepare **workshop** on: *Case studies: minorities, aggression, autoagression*

TEAM POLAND

Please prepare the **case study** of homeless youth

TEAM GRECEE

Please prepare the **case study** addiction risk, health issues

TEAM ITALY

Please prepare the **debate** citizenship activization, education support.

- **Problem mapping** – workshop – The Polish group, using work in subassemblies, together with participants will outline the issues in the independence process.

- **Roof over the head** – workshop – The Polish group will share experiences with youth intervention accommodation - in training housing programs, intervention hostels, shelters for homeless people. The workshop will also refer to the high threshold of support programs - to what extent the rules and regulations applicable in facilities and shelters are able to be adhered to by young people with large deficits.

ALL PARTICIPANTS

- **Each of participant should prepare 1 case study of their own work.** By case studies we understand: story of a pupil/client – his or her background, family situation and problems that he/she had to face. Why they happened? How she/he reacted to it? What our client did? Second part of case study is what we, as employees, did to make her/his situation better. How the contact building looked like? What tools and methods we used? What was our plan? And, finally, how it all ended. Important part of it is how we felt during working on that case.

We will use these stories mainly on intervision and in workshops.

ALL TEAMS

All teams should prepare:

- few **ice-breakers** – funny, integrating short exercises to help us not to fall asleep during days of hard work ☺

- **teambuilding** – workshop should focus on integration exercises, getting to know each other, starting to feel comfortable in intercultural group. More dynamic the better!

- **Presentation** (not in PowerPoint) about:

- **their work** (what they do, what they want to do)
- **national system** of supporting young people in the independence process and
- sending **NGO**.

- Team Leaders would facilitate an **intervision – learning by doing** – where we will work on, case studies. These will be an opportunity to learn from real situations and to know how we can work better.

- All teams will conduct 1 **evaluation** of day
- Each team should prepare **an intercultural evening** – presenting their country, national food, music, beliefs.

COMMON ACTIVITIES AND WORKSHOPS

- **mapping the homelessness issue – group work** - All participants will create a map of the topic - from the profile of a person in a difficult life situation, its personal, structural and institutional conditioning. Participants also outline the hierarchy of the needs of a young person in the independence process - what is important to them? They will try to answer the questions on how to reach young people and invite them to the process of giving positive changes in their lives.

debate / discussion panel - As part of the workshop day summary, participants divided into two groups will play the role of panelists trying to find the answer to the question about the meaning of choice. The debate will also have the function of breaking stereotypes.

- **Intervision: we, they, system - (all partners)** - With the use of sociotherapeutic techniques, participants will work out their borders interwoven and ways to secure them in an aid contact - for example in the relationship with an aggressive person, emotionally blackmailing, manipulating and collecting helpful methods in dealing with specific contact. The second area of intervention will be work in the system - overworking frustration resulting from blockages and systemic barriers to support young people in the independence process.

- **Evaluation of training days – (all partners)** - All participants will take part in the debate summarizing the substantive content of the project. Applications and reflections will be collected, their material for evaluation of the final project. In addition, in the report on various workshop and sociotherapeutic methods. Assessment in the field of organization and logistics.

- Dissemination of the project:

- a) evaluation,
- b) Planning dissemination activities, division of tasks, building a network of contacts (all partners)
- c) working on e-publication - Participants will start working on a guide in the area of work related to supporting youngsters in the independence process. The guide will have a set of

good practices and innovative, interdisciplinary approaches. E-publication will be finally distributed to non-governmental organizations operating locally in partner countries. Groups will use materials developed during the course, they will develop them in text and graphic form.

– workshop – using drama and concentration techniques, will involve participants in the issue related to the topic. The workshop profile will focus on the experiences of youth people in independence process from institutions, It will also cover the issue of youth resistance from using institutional forms of assistance.

- **work by community method**– workshop – present the method and know-how of working with the community method with youth. The group will develop techniques for building the community process as well as peer-education. Each of the national groups will create a network of resources and anchors to facilitate the exit from independence praocess.

- **standing on their own feet - the process of becoming independent** – workshop - moderate the workshop on becoming independent and building resources - how to support independence, so that the pupils can become independent of the support offered by institutions or non-governmental organizations.

5.09.2021	6.09.2021	7.09.2021	8.09.2021	9.09.2021	10.09.2021	11.09.2021
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TRAVEL DAY	Teambuilding outdoor – team POLAND (1.0 hours)	Team building – team Greece, Romania (1 hour –)	Psychological and social barriers of integration in open environment ITALY (4.0 hours)	Learning of Independence - experience exchange Greece (4.0 hours)	Visiting Zakopane, Kasprowy Wierch (4.0 hours)	Dissemination of the project all partners (4.0 hours)
	Presentation of NGO's . all partners present their way of working, the national system of supporting young people in the Independence process (45 min per country; 5 hours total)	Issue Mapping - team Poland (2.0 hrs)	Ice breakers - Spain (1.0 hour)	Ice breakers - Italy (1.0 hour)	Debate (tools, system, human) moderate by Portugal (4.0 hours)	Planning dissemination activities, division of tasks, building a network of contacts – all partners (1.0 hours)
		Working with youth in isolation environment – team SPAIN (4.0 hours)	Study visit in male MOW Mszana Dolna Poland (4 hours)	Case study Belarus (2 hours)	Ice breakers - Belarus (1.0 hour)	Evaluation on whole training all partners – 2,0 hours
	Wishing box (Poland) 1 hour	Ice breakers Portugal – (0,5 hour)	Evaluation Portugal (0,5 hour)	Youth initiatives – team Romania (2 hours)	Evaluation Italy (0,5 hour)	Youtpass goes to... - receiving youthpasses
	Evaluation – Poland (0,5 hour)	Evaluation Belarus (0,5 hour)				
		Polish culture evening – all partners	Culture evening – Italy,	Evaluation Spain (0,5 hour)	Culture evening – Spain, Greece,	Farewell party

TRAVEL

Travel costs are covered by ERASMUS+.

We will reimburse costs of the travel on the basis on: boarding passes, tickets, bills etc. (just to prove you took part in the training) in the amount received from NA of Erasmus+ on the basis of partner agreement (we will send it in separate e-mail).

! IMPORTANT !

All participants must attend to all days of training. It is impossible to arrive to training eg. day later, or to departure day earlier. Arrival date is Sunday, 6th September. Departure – 11th of September!

Regarding to these, we are expecting that all partners will buy tickets MONTH EARLIER THAN TRAINING – is obligatory.

The date (1.09.2021) to buy tickets is a deadline. Travel tickets should be economy class.

Before buying tickets please let us know what way of travel did you choose, when you will arrive and when you will departure from training.

As for airports:

There is an airport in Cracow BALICE, so it's the closest one to our training in Ząb. Other ones are in Warsaw airport (2,5 hrs from Cracow) Katowice (3,5hrs from Cracow). Than you have to take a BUS or TRAIN to Zakopane.

MONEY FOR TRAVELLING:	PER PERSON (euro)	TOTAL (euro)
COUNTRY		
Romania	180	540
Italy	275	825
Bulgary	275	825
Greece	360	1080
Spain	360	1080
Estonia	275	825
France	1500	4500

Contact – if you have questions

..... feel free to ask them by email or by skype!

Fundacja po DRUGIE

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WE ALSO CREATED A FACEBOOK GROUP.

<https://www.facebook.com/groups/339278807195978>