

INFOPACK

GPOY: GOOD PRACTICES ON YOUTH- SEMINAR

ÀGUEDA, 9TH -13TH AUGUST 2021

PARTNER ORGANIZATIONS INVOLVED



Association Walktogether



WELCOME TO ÀGUEDA!

We are looking forward to host you for the "**Good Practices on Youth - Seminar**", that will take place in Àgueda, from the **9th to 13th January, 2021 (excluding travel days)**!

Before the seminar, a lot of preparation and work is needed, in order for all the involved, gain and share the most knowledge, competences and good practices possible!

In this document, you will find all the information that may help you during your arrival and stay.

Read it carefully!

Any questions you may have please contact Daniela:



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GPOY: WHAT?



The problem:

Although young people are considered the fuel of social transformation, progress and changes in the European context they still face many challenges.

**SOCIAL
EXCLUSION**

WHY?

**LACK OF REFERENCES,
COMPETENCES AND
KNOWLEDGE BY THE
YOUTH WORKERS AND
ORGANIZATIONS'**

WHERE?

**LET'S JOIN YOUTH WORKERS FROM
ALL OVER EUROPE TO SHARE THEIR
PRACTICES AND EXPERIENCES IN
ORDER TO CREATE NEW AND
INOVATIVE METHODOLOGIES TO
IMPROVE THE PROJECTS
IMPLEMENTED AND INFLUENCE
AMOUNG YOUNG PEOPLE!**

THE ANSWER

**IN THE MANAGEMENT
AND IMPLEMENTATION
OF SOCIAL AND
VOLUNTEERING
PROJECTS CENTERED
ON YOUTH!**



OUR GOALS:

PROMOTE:

- The debate, sharing of experiences, know-how and practices as well as the reflection and compilation of good practices aimed at solving youth problems between organizations and YW specialized in the management and implementation of social and volunteer projects;
- The sharing of fundamental information about social and voluntary projects in the youth field that allow the dynamization of activities with efficiency, quality and success;
- The training of YW for the development of skills and learning;
- The training of YW for the definition of current youth strategies, adjusted and contextualized to the social reality of young people;
- Raising awareness of the NFE methodology in promoting social and volunteer projects;
- The social and intercultural dialogue for the promotion of youth related problems resolution;
- The internationalization of participating organizations, reinforcing existing partnerships and consolidating the work developed;
- Increased awareness of the philosophy of projects developed under European programs, such as Erasmus +;



WHAT ABOUT ÀGUEDA?



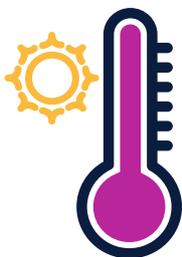
Yes! This is our city and it's going to be yours for 5 days! Águeda is a small city in the north-center of Portugal with more or less 14000 habitants!

The city is crossed by a river with the same name and for the most part we are all about mountains and large valleys!

We are not too far from the main cities, **72 km from Porto** and **240km from Lisbon!**



Águeda is an important commercial and industrial center, located in an extremely fertile area. Inserted in the gastronomical and economical region of **Bairrada**, well known for the **vineyards and wine industry**, as well as its **suckling roasted pig (*Leitão Assado à Bairrada*)**.



The average temperature around here is 15° C and it tends to rain a bit in the winter. So, bring your jackets!

PARTICIPANTS



40 participants:

- 36 Youth Workers (3 from each organization)
- 4 facilitators (from Psientifica, Aventura Marão Clube, You in Europe and ATA)



Participants with fewer opportunities:

- Youth Workers with fewer opportunities or that work in a fewer opportunities background (cultural, social, geographic and/or economical background) will be preferential (at least 2 per organization)



IMPORTANT : Mantain gender balance in the group, with consideration for undefined gender!



**OFICIAL WORKING LANGUAGE: ENGLISH
YOU HAVE TO, AT LEAST HAVE A BASIC
KNOWLEDGE!**



PREPARATION

WHAT DO YOU HAVE TO BRING/PREPARE:

- A dynamic presentation of your country (intercultural dinner);
- Prepare a dynamic presentation of the good practices of management and implementation of social and volunteer projects centered on youth done in your organization, taking into consideration 12 points and how your organization answers to them:

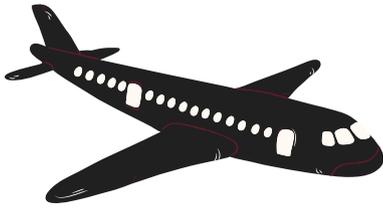
1. Needs assessment;
2. Methodologies applied in the projects;
3. Processes to be followed in project management and implementation;
4. Tools used in the projects;
5. Examples of activities to be promoted;
6. Preparation of participants;
7. Stakeholder involvement;
8. Communication between consortium and stakeholders;
9. Participant safety;
10. Project evaluation;
11. Dissemination and exploitation of results;
12. Impact evaluation.

Each organization will have a moment during the Seminar to present their part and debate with the others. Please consult the timetable in the last page to get to know yours!

- Motivation to improve your practice and share innovative ways to improve young people's lives!

TRAVEL

TAX NUMBER: 507 462 823



In order for us to reimburse you, don't forget to save the boarding tickets (plane, metro, train). Also be aware that the amount to be refunded corresponds to the maximum allowed by the distance band!

COUNTRY	DISTANCE BAND	LIMIT
Portugal	10-99 km	20€ per participant
Austria, Spain and Italy	500-1999 km	275€ per participant
Greece, Macedonia, Romania, Slovaquia, Poland and Bulgaria	2000-2999 km	360€ per participant
Estonia	3000-3999 km	530€ per participant

*to Aventura Marão Clube, You in Europe and ATA the facilitators have the same limit according to the distance band!





USEFUL INFORMATION



In order for use to reimburse you, you need to send us the original boarding tickets (if you have them on a app, take a screenshot)



DO NOT FORGET the receipt with the **tax number: 507 462 823!** Otherwise you are not reimbursed!



CHECK https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en for more info about your distance band!

ARRIVAL AND DEPARTURE

Àgueda is a small city with limited access. For this reason, we will organize a bus to pick you from OPORTO airport and to take you back in the last day. We will provide you more information about the transportation later!



You can get to Àgueda by public transportation, however if you want to use the bus make sure that you are at the airport **no later than 8 pm!**

ACCOMODATION

You will stay at **In Gold Hotel**, <https://www.ingoldhotel.pt/>. It is located 2 minutes from downtown and city center.



FOOD



Portuguese people are very proud of their food! If you want to start a conversation with us "bring food to the table!".

The meals during the seminar will take place at the University Canteen and a dinner will be served at a local restaurant! We will try to accomodate everyone specificities, however **if you have any specific dietary needs/allergies, let us know!**

WHAT TO BRING?



PASSPORT/ID



MASK/HAND SANITIZER



BOARDING TICKETS



SMALL UMBRELLA AND CLOTHES APPROPRIATE TO THE WEATHER. CHECK AT <https://www.ipma.pt/en/>



MOTIVATION!!

IMPORTANT CONTACTS



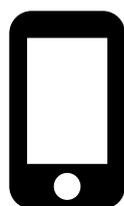
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TIMETABLE

TIMETABLE SEMINAR GOOD PRACTICES ON YOUTH						
Hour/Day	Day 1 (09/08)	Day 2 (10/08)	Day 3 (11/08)	Day 4 (12/08)	Day 5 (13/08)	
9H-9H30	TRAVEL DAY					
AM	Icebreakers	BREAKFAST				
	Presentation of the participants and partner organizations	Energizers				
	Conceptualization of Erasmus+ program and project GPoY	Presentation and debate about management and implementation of social and volunteer projects centered on youth - IMAGINA	Visit to the city	Preparation to the Final Seminar	Final Seminar	
	Debate about the youth challenges	COFFEE BREAK				
		Presentation and debate about management and implementation of social and volunteer projects centered on youth - ATA	Presentation and debate about management and implementation of social and volunteer projects centered on youth - SFERA ITALY	Interaction with the target group	Preparation to the Final Seminar	Final Seminar
	PM	LUNCH				
		Energizers				
		Presentation and debate about management and implementation of social and volunteer projects centered on youth - WALK TOGETHER	Presentation and debate about management and implementation of social and volunteer projects centered on youth - CUBIC	Interaction with the target group	Preparation to the Final Seminar	Debriefing and Evaluation
		Presentation and debate about management and implementation of social and volunteer projects centered on youth - AVENTURA MARAO CLUBE	Presentation and debate about management and implementation of social and volunteer projects centered on youth - EPEKA	Group dynamics	Dissemination and exploitation	
		COFFEE BREAK				
Presentation and debate about management and implementation of social and volunteer projects centered on youth - YOU IN EUROPE		Presentation and debate about management and implementation of social and volunteer projects centered on youth - VCS SPOKE	Visit to good practices examples	Preparation to the Final Seminar	Assessment	
COFFEE BREAK						
Get to know + team building activities		Presentation and implementation of social and volunteer projects centered on youth - JUST DO IT				
DINNER						
DINNER						
20-21h30	MULTICULTURAL DINNER	DINNER	DINNER	DINNER	FARWELL DINNER	
PM	Individual reflection	Individual reflection	Individual reflection	Individual reflection	Individual reflection	
	Informal meeting between participants	Informal meeting between participants	Informal meeting between participants	Informal meeting between participants	Informal meeting between participants	
	Welcome party + Group presentation				GOODBYE PARTY	